

What do UU believe?

Unitarian Universalist beliefs are diverse. Each person is encouraged to embrace what our religious integrity demands of us. We find religious diversity to be enriching rather than divisive. The covenant of our Fellowship is that we be a safe place to explore & celebrate our diverse beliefs together, inspiring one another to spiritual growth, service and wholeness.



Rev Karen Matteson gave her 1st Sunday Service at UUFEC the fall of 2014. She is a native of Chicago and has had 3 careers: at-home parent of 4 kids; teacher of young children; and UU minister. In nearly 25 years in ministry she has served as settled minister in Birmingham AL and with a congregation in Chicago; consulting minister with a young congregation in Aiken, SC; and as interim minister in the Richmond, VA area and in Charlotte, NC. In each of these places and congregations she has had the privilege to know and work beside so many wonderful UU's. She now looks forward to getting to know and working alongside this Fellowship as we strive together to form a beloved community.



UUs Search and Question:

Through the ages there have always been people of religious integrity who seek to honor the sacred and be intellectually truthful at the same time. UUs are those who believe that religion can be a joy rather than a duty.

For UUs, religion should be more than a narrow statement of faith, and it should have room for deep questions that might have more than one answer, for the mystery of creation can be acknowledged without having to be named.

**Visit us on Sundays 10:00 A.M.
2nd Hour Small Groups Meet 11:15 A.M.**



UUFEC

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We need not think alike to love alike.

-Francis David

Unitarian Universalist Fellowship of the Emerald Coast (UUFEC)



- *Imagine a religion where people with different beliefs worship as one faith...*
- *Where religious inspiration comes from not one but many spiritual sources...*
- *Where there's a home for people who simply can't accept what they've always been asked to believe...*

The Unitarian Universalist Fellowship of the Emerald Coast (UUFEC) is a religious community united by UU Principles and committed to service, spiritual growth & caring fellowship

At UUFEC, we strive to encourage & facilitate your longing to make the world a better place, joining hands in good work.

We seek to create a safe place for each individual to engage spiritual concerns with integrity. Beliefs & religious sentiments vary from person to person. It's behavior rather than belief, how we treat one another, that matters.

We play & mourn together. We eat & parent together. We sing, & we explore the great mysteries of life together.

We stretch ourselves to celebrate all our relations: the natural world, our global companions, & our unfolding selves.

Please join us for:

- Religious Exploration groups for children, youth & adults, plus childcare during fellowship events.
- Small groups for service, mutual engagement & caring.
- Social activities nurturing friendships over dinners, the arts and seasonal celebrations.
- Opportunities for each member to help shape the Fellowship to serve healthy living, inclusive community & a better world.

***UU Principles unite us.
We covenant to affirm
and promote:***



- The inherent worth and dignity of every person;
- Justice, equity & compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

The living tradition we share comes from many sources:

- Direct experiences of transcending mystery & wonder.
- Words & deeds of prophetic people who challenge us to confront what is wrong.
- Wisdom from the world's religions which inspires us.
- Jewish & Christian teachings which call us to love our neighbors as ourselves
- Humanist teachings which counsel us to heed the guidance of reason.
- Earth-centered spiritual teachings which celebrate the sacred circle of life & to live in harmony with nature.



Enriched by religious pluralism & inspired to deepen our understandings & expand our vision, we enter freely into this covenant promising one another our mutual trust & support for our quest.